

Pre-existing Condition Definition

Pre-existing Condition means a sickness or injury that was diagnosed by or treated by a licensed physician within five (5) years prior to the Effective Date of Coverage or produced symptoms within five (5) years prior to the Effective Date of Coverage that would have caused an ordinarily prudent person to seek medical diagnosis or treatment.

Any condition which may have occurred under a prior policy will be treated as a pre-existing condition under a subsequent policy.

Short Term Plan Exclusions

We will pay no benefit for charges due to any of the following: Pre-existing Conditions ■ Charges for treatment by a Physician, which is not within the scope of his or her license ■ Charges which a Family Member is not legally obligated to pay ■ Charges which would not have been made if no insurance existed ■ Charges incurred for disability claimed while a Family Member is not under the direct care of a Physician ■ Pregnancy, except complications to a pregnancy ■ Treatment for mental or nervous disorders ■ Expenses related to an injury sustained while the Family Member is participating in sporting events for prize money, or other type of compensation ■ Any expenses incurred outside of the United States ■ Injury received while committing, or attempting to commit, a felony ■ Participation in a riot or insurrection ■ Suicide or attempted suicide, while sane or insane, or intentionally self-inflicted Injury ■ War or any act of war, whether or not declared ■ Charges in excess of the usual, customary and reasonable charge for services and supplies ■ Medications, drugs and injections when the Family Member is not confined in a hospital or skilled nursing facility ■ Travel or lodging expenses ■ Services available in the community through educational or school programs ■ Services performed by volunteers, a Family Member, a Family Member's employer, or a resident in the insured's household ■ Any care given by or through any government or international authority unless the Family Member is legally required to pay the charges ■ Any sickness or injury contracted while a member of the military of any country ■ Expenses related to a sickness or injury to the extent they are covered under any automobile insurance ■ Sickness or injury covered by Worker's Compensation Insurance or similar laws ■ Covered charges which qualify for reimbursement under Medicare or which would have qualified under Medicare had the Family Member elected all the coverage and applied for benefits for which they were at any time eligible for under Medicare ■ Expenses related to the diagnosis and/or treatment of infertility or fertilization procedures ■ Contraceptives, contraceptive methods or aids including emergency

Short Term Plan Exclusions (cont.)

contraceptive kits, sterilization or the reversal of sterilization, voluntary abortion by any means, complications from abortion or attempted abortion ■ Care of a well, newborn child ■ Vitamins, herbals, botanicals and food supplements ■ Food, special foods or diets ■ Preventive care except for charges for breast cancer diagnostic services and screening mammography ■ The costs of storing, typing, or screening of autologous blood donations ■ Genetic testing, counseling and services ■ Inoculations or prophylactic drugs for travel ■ Allergy testing and allergy treatment including injections ■ Treatment and testing of sleep disorders ■ Maintenance, custodial care or homemaker services ■ Services or supplies for personal comfort or convenience ■ Non-medical expenses even if recommended by a Physician ■ Expenses related to treatment, diagnosis, or care provided over the Internet or via electronic mail ■ Cosmetic treatment, or complications of cosmetic treatment ■ Treatment of "quality of life" or "lifestyle" concerns including but not limited to eating disorders; smoking cessation; exercise programs or equipment; hair loss; sexual function, dysfunction, inadequacy or desire ■ Treatment for hair restoration or removal ■ Treatment of acne ■ Treatment or removal of nevi, keratoses, skin tags, or warts ■ Growth treatment, medication or hormones ■ Charges for the treatment of obesity, weight loss, and diastasis recti repair ■ Gender reassignment or charges due to complications of gender reassignment ■ Charges which are not medically necessary to the care and treatment of a sickness, injury or condition, or which are: a. illegal; or b. experimental, investigational, unproven and/or for research ■ Tests, examinations, or other procedures performed in preparation of or in follow-up to any test, procedure or treatment that is experimental, investigational, unproven and/or for research ■ Performance of physical examinations for the Verification of Health Status for a 3rd party, that is not related to the Provision of Care ■ Court-ordered examinations to determine competence and expenses of expert witness testimony as to the Mental Condition of a Family Member ■ Court-ordered treatment for the chemical dependency or Mental Condition ■ Expenses related to hypnosis, including its use in place of anesthesia ■ Vision related surgery or services ■ Hearing aids and their fittings ■ Treatment or removal of tonsils, adenoids, or myringotomy except in an Emergency ■ Dental treatment or supplies except as provided for accidental injury ■ Examination, diagnosis, appliances or treatment of malocclusion, misalignment of the jaw or temporomandibular joint dysfunction or any other jaw disorder, deformity or defect ■ Charges for out-of-Hospital, non-surgical services or treatments as the result of or related to distortion, misalignment or subluxation in the vertebral column ■ Transplants, except as provided in the policy ■ Foot care in connection with corns, calluses, toenails, flat feet, fallen arches, weak feet, or chronic foot strain; shoes, shoe accessories, and orthotics ■ Evaluations, services or treatments for developmental, educational, social, attitudinal, or disciplinary conditions or learning disabilities or disorders ■ Care, services, procedures or supplies that are cognitive in nature ■ Expenses related to nicotine addiction, caffeine addiction and non-chemical addictions, including but not limited to gambling, sexual, spending, shopping, working and religious ■ Expenses related to any loss sustained or contracted as a consequence of a Family Member being intoxicated or under the influence of any non-prescribed controlled substance or narcotic unless administered under/on the advice of a physician ■ Charges for injuries arising out of the ownership, operation, maintenance or use of a motor vehicle as a motor vehicle

Michigan Short Term

An interim health insurance plan
for individuals who are:

- ◆ Between Jobs
- ◆ Temporarily Laid Off
- ◆ Waiting for Group Coverage
- ◆ Seasonally Employed


AMERICAN COMMUNITY
MUTUAL INSURANCE COMPANY
39201 Seven Mile Road, Livonia, Michigan 48152-1094
(800) 991-2642 (734) 591-6000 (734) 591-4628 Fax
www.american-community.com

TEMPORARY IDENTIFICATION CARD

COVERAGE: Short Term Major Medical Expense Plan

Name: (Please Print)

See Reverse Side

For more information, please contact
American Community's Michigan Office at
(800) 233-3444.


AMERICAN COMMUNITY
MUTUAL INSURANCE COMPANY

Life is unpredictable . . .

You never know what will happen next year, next week or even tomorrow. That is why health insurance is so important - even for a short period of time. If you were to suffer from a serious illness or injury while between jobs or waiting for group coverage, the medical costs could be enormous and it could mean financial hardship for you and your family. To help prepare against these unexpected losses, you need the kind of Short Term protection that American Community provides.

Short Term is an interim health insurance plan designed for individuals who are between permanent health plans.

Eligibility

You are eligible for this plan if:

- You are under 64 years of age and you are not covered under any other medical expense plan
- You or any dependent are not pregnant
- You have not been declined for insurance due to health reasons

You may also obtain coverage for your spouse and unmarried dependent children (age 15 days through 21 years). Dependent children age 18-21 will pay the premium for an adult age 18.

This policy can be issued to a minor child without a parent's coverage. Youngest child on the Policy is the Primary Insured; use youngest adult male rate. Use the child rate for additional children.

NOTICE: If you had prior health coverage for at least 18 months and the most recent coverage was group coverage, the purchase of this plan may make you ineligible to buy an individual health policy that is not medically underwritten. The federal Health Insurance Portability and Availability Act (HIPAA), and similar state laws, give you the right to obtain such policy from a health insurance company or a state sponsored plan. Ask your agent for more information.

Effective Date

If you meet all of the eligibility conditions for the plan, your coverage will become effective at 12:01 AM the day after your application envelope is postmarked or the day you request, whichever is later.

If the postmark is missing or not legible, the effective date will be (a) the date the application was received in our office in Livonia, Michigan; or (b) the day you request, whichever is later.

No policy will have an effective date of the 29th, 30th or 31st. The first day of the following month will be used.

Billing Options

- Single Payment
- Monthly (billings included with policy)
- EFT

Plan Options:

Length of Coverage: 1, 2, 3, 4, 5 or 6 months

Deductible: \$250, \$500, \$1,000 or \$2,500

Benefit Percentage: 80/20 of \$5,000 or 50/50 of \$5,000

Deductible is per person, per term of insurance. Three person family maximum.

Here is how the Short Term plan works:

First you pay your chosen deductible, then American Community pays 80% or 50% of the next \$5,000 of allowed charges. After that, American Community pays 100% of allowed charges for the remainder of the policy term or the \$2,000,000 plan maximum.

Universal Access

PPOM has negotiated with the hospitals to discount their standard rates for American Community policyholders and covered Family Members. Each time they receive care, American will pay an additional 10% of the Benefit Percentage up to, but not more than, 100% of their Covered Charges. Use of these hospitals is not mandatory but can provide additional savings.

Inpatient and Outpatient Coverage Short Term Plan Highlights include:

Covered Hospital Charges

Your policy will provide a complete list of covered charges, limitations and exclusions.

- Hospital room and board
- Intensive Care
- Surgery
- Anesthesia
- Emergency room services
- Physician visits
- Miscellaneous diagnostic services and medical supplies
- Nursing Care
- Prescription drugs while confined
- Organ transplants, as provided in the policy

Covered Outpatient Charges

- Pre-admission testing
- Ambulance
- Surgery and anesthesia
- Second surgical opinion
- Physician services
- Mammogram
- Physical, occupational and speech therapies (*\$1,000 per term*)
- X-ray and lab tests
- Chemotherapy
- Hospital type equipment for kidney dialysis
- Radiation treatment
- Oxygen, blood and plasma
- Durable medical equipment
- Skilled Nursing Facility (*\$75/day, 30 days per term*)
- Home Health Care (*\$75/visit, 30 visits per term*)
- Complications of pregnancy
- Diabetes treatment, prescription drugs and devices
- Substance Abuse and Alcoholism (*up to the maximum amount required by law*)
- Hospice (*\$200/day, \$7,500 per Hospice Benefit Period*)
- Breast Cancer screening

Other Plan Highlights

- Freedom to choose your own hospitals and physicians
- Discounts off prescription drugs
- Extension of benefits after the policy ends (see policy for details)
- \$10,000 Accidental Death Benefit for you or your spouse only, including dismemberment and loss of sight.

How to apply for coverage:

1. Complete, sign and date the enclosed application (the parent/guardian must sign for children under age 16). If any Family Member is pregnant, do not submit the application.
2. Children Only plans - dependent children age 18-21 must submit a separate Short Term application than dependent children ages 15 days through 17.
3. Calculate your premium (use age at last birthday). Refer to premium calculation instructions on application.
4. Print the applicant's name on the ID card (attached) and leave it with the applicant. This temporary ID card does **NOT** guarantee coverage. A permanent ID card will be issued with the policy.
5. Mail the application and minimum one month's premium immediately to the Home Office in the attached self-addressed **Short Term new business envelope**.
6. The policy will be mailed to the applicant.

Important Information

This is a NON-RENEWABLE Plan. This plan is not intended to be of a permanent nature, therefore, it may not be issued for consecutive periods to the same individual unless the temporary need continues. Short Term policies can be written in any combination of terms so long as the total period of coverage does not exceed 6 months in any 12 month period.

MONEY BACK GUARANTEE

During the first 10 days after you receive the policy, you may cancel it by returning it to us with a written request to cancel it. If you do, then we will refund any premium paid and treat the policy as if it was never issued.

After you have had your policy 10 days, you may cancel it with a written request to us to cancel it. The cancellation will be effective on the date we receive your request OR the date you specify, whichever is later. We will refund to you the pro-rated unearned premium. The cancellation will be without prejudice to any claim originating prior to the cancellation date.

If eligible, the individual shown on the reverse side of this card, and dependents listed on the application, are entitled to the benefits stated in the policy, providing it is currently in force.

You must call American Community to confirm eligibility before accepting this card. American Community will accept collect telephone calls from any hospital concerning benefit levels. When contacting the Company please furnish the following information:

1.Patient's Name; 2.Date Admitted; 3.Diagnosis

Mail correspondence to: American Community Mutual Insurance Company
39201 Seven Mile Rd.
Livonia, Michigan 48152
(800) 991-2642